



WILLAMSTOWN CANNONS BASKETBALL CLUB INC
Registered No A0031670Z

Team Coaching and Management Guidelines

General

- fun and enjoyment for kids, coaches, managers and parents needs to be priority number one
- build relationships with players and parents
- keep lines of communication open (two way)
- younger age groups you are coaching the parents as much as the kids
- get parents involved where possible (scoring, organizing social functions , etc.)
- adults need to help out junior coaches where needed (supervision, discipline)
- reflect on and assess your own coaching, seek advice or research if you have any concerns or weakness
- build a network of other coaches you talk to about basketball
- set an example to your players and parents at all times
- **swearing** and other **antisocial behavior WILL NOT** be tolerated at any time

Training

- be on time and prepared for each session
- plan the session rather than just winging it
- make each session enjoyable
- be mindful of any safety concerns
- keep kids under control, don't accept poor behavior (have a discipline strategy in mind)
- sessions should combine a mix of skill development, game sense, tactics and fun activities aimed at the appropriate age and ability of your team
- work on individual development as well as team development
- advise Penny if you don't plan on training at any time (should still train even if you have a bye)

Game

- arrive well before time
- ensure score sheet is filled out correctly (avoid losing ladder points)
- touch base with parents / players re any injuries, illness , concerns etc.
- pre plan for the game (tactics, substitutions, game plan)
- warm up properly, have a warm up routine in place (lay ups, pop outs, game sense)
- try to ensure equal game time for all players
- show respect for opposition and umpires at all times
- control emotions and remain positive
- don't become a spectator, remain focused on the game

Resources

- YouTube
- Michael Austin Basketball Weekly (web-site)
- App Store (basketball specific apps)
- Functional Basketball Coaching (web-site)